

HOT LUNCHES

Hot Entrées

Lasagna Casalinga

Classic layered lasagna available in meat, chicken or vegetarian and served with warm garlic bread (6 portion increments).

... 12.50 per person

Meat or Cheese Cannelloni

Baked with an aromatic basil accented tomato sauce.

... 14.50 per person

Meat or Cheese Tortellini

Bathed in a roasted red pepper tomato sauce or a wild mushroom alfredo sauce.



... 14.50 per person

Rotini Pasta Primavera (shown)

Spiral pasta with select garden vegetables in a pesto infused tomato sauce.

... 11.99 per person

Penne All'Arrabbiata

Penne pasta in a chili spiked sauce with grilled sweet Italian peppers.

... 13.50 per person

Roasted BBQ Chicken or Roast Herbed Chicken

Slow roasted and marinated with your choice of BBQ sauce and spices or fresh Mediterranean herb crusted roast chicken.

... 16.50 per person

Chicken Cacciatore

Braised with tomatoes, onions, green and red peppers, fresh herbs and capers.

... 17.50 per person

Grilled Peppercorn Chicken Breast

With a three peppercorn cream and brandy sauce.

... 15.95 per person

Chicken St. Moritz

Boneless chicken breast stuffed with prosciutto and Brie, bathed in tomato sauce.

... 17.95 per person

Oven Roasted Chicken Breast (shown)

Boneless breast of chicken in a roasted pepper cream sauce.

... 16.50 per person

Chicken Alla Parmigiana

Breast of chicken lightly breaded and sautéed, then smothered in fresh tomato sauce topped with mozzarella.

... 14.95 per person



Glazed Chicken and Vegetable Brochettes (shown)

Tender chunks of chicken breast and vegetables glazed with BBQ sauce and char grilled.

... 15.75 per person

Kansas City BBQ Ribs'n Wings

Basted with your choice of BBQ sauce (mild, medium or hot) or honey garlic sauce.

... 20.95 per person

Chicken Fingers

Served with sweet plum sauce and spicy Thai chili sauce.

... 12.50 per person

Buffalo Wings

Crispy chicken wings with Thai chili, honey garlic, and BBQ (mild, medium or hot) dipping sauces either mixed in or on the side.

... 1.95 each

Festive Roasted Turkey

Accompanied by roast herbed potatoes, savoury pear stuffing, cranberry sauce and pan gravy.

... 17.95 per person

Beef or Ginger Chicken Stir Fry

Slivers of beef or chicken marinated in soy and ginger then stir-fried with vegetables and served over steamed jasmine rice.

... 16.75 per person

Vegetable Stir Fry

Served with egg rolls, plum and soy sauces.

... 12.50 per person

Striploin of Beef

12 ounce steak grilled to perfection

... 25.75 per person

Peppered Beef Tenderloin

Accented with pink peppercorn brandy sauce.

... 24.25 per person

Slow Roasted Top Sirloin of Beef

Served hot with natural pan juices, creamed horseradish and grainy mustard.

... 20.95 per person

Burgundy Beef Stew

Tender cubes of beef simmered in red wine with button mushrooms and pearl onions.

... 18.25 per person

Grilled Atlantic Salmon Teriyaki

Soy and ginger glazed fresh salmon fillet accompanied by a pineapple papaya salsa.

... 19.95 per person

Fillet of Sole Meunière

Pan fried and sautéed in a lemon parsley butter sauce.

... 19.95 per person

Atlantic Salmon Fillet

Steamed fresh with a tomato and cilantro salsa.... 19.95 per person



Panini (served hot)

Traditional hot Italian sandwiches served with crusty Italian loaves:

Breaded veal cutlet	Breaded chicken cutlet
Grilled chicken	Italian sausage
Meatball	Sirloin steak
Eggplant parmigiana	Grilled vegetables

Sandwich fillings including tomato sauce, sautéed onions, peppers and mushrooms are presented on separate trays so that your guests can create their own masterpiece.

Minimum 6 per panino selected ... 14.25 per person

Entrées, where applicable, will include side orders such as market fresh salad, our classic Caesar salad, crisp and crunchy crudités, fresh vegetable mélange, chef's choice of potatoes or rice and freshly baked rolls with whipped butter. Our order desk will be pleased to provide complete descriptions.

Lighter Hot Lunches

Vegetable Stir Fry (shown)

Served with basmati rice, dinner rolls, egg roll, plum and soy sauces.

... 12.50 per person

More Lighter Hot Lunches

Oriental Ginger Garlic Shrimp – Wasabi Sea Bass – Beef In Oyster Sauce – Raspberry Balsamic Quarter Chicken – Grilled Vegetable Brochettes – Louisiana Blackened Catfish – Chicken Satays – Spicy Tuna Melt.

Entrées include market fresh salad with a variety of dressings, chef's potato selection or basmati rice and freshly baked multi-grain roll with Becel.

Lower in fat and sodium! High on fiber

Low Carb Hot Meals

Linguini with a creamy parmigiana cheese sauce and grilled chicken strips.

13.50 per person

Beef Stir-fry with Mango and Lemon Grass (shown)

Seared beef steak, tossed with mango, lemon grass, green onion, red and green peppers.

... 14.75 per person



Roasted Herbed Chicken or Half Roasted BBQ Chicken (shown)

Slow roasted and marinated with your choice of BBQ sauce and spices or fresh Mediterranean herb crusted roast chicken.

Half Chicken 22.99 per person

Quarter Chicken 15.50 per person



Other Low Carb Hot Meals

Stir-Fried Ginger and Mushroom Shrimp - Pork Tenderloin Medallions - BBQ Ribs n'Wings - Herb Crusted Rack of Lamb - Osso Buco - Beef Chili - Blue Cheese Steak -Prosciutto and Brie Stuffed Chicken Breast - Chicken Cacciatore.

All entrees include appropriate low carb sides.

Entrées are delivered hot and ready to be served buffet style.

French service is also available.

Hot Tortilla Wraps

Choose from our bountiful array of unique fillings served hot:

Grilled chicken breast with a honey dijon sauce
Jerk chicken breast with pineapple papaya salsa (shown)
Tender strip steak and sweet peppers
Roast turkey breast baked with Havarti cheese
Honey garlic beef and snow peas
Roasted Italian sausage and peppers
Ginger salmon teriyaki with couscous
Grilled seasonal vegetables with mozzarella
Garlic pepper shrimp and chopped veggies

Each is individually wrapped in either a flour or whole wheat tortilla. Other tortilla flavours such as pesto, sun-dried tomato and jalapeño are available on request. Fillings include basmati rice, quinoa, bean sprouts, carrots, red onion, diced tomatoes, mushrooms, zucchini, eggplant, snow peas, green beans and sweet peppers.

... 7.95 per wrap



Cold Tortilla Wraps (shown)

Our selection of tasteful fillings include:

Grilled chicken Caesar
Greek chicken salad
Roasted red pepper and sliced red onion
Grilled eggplant and Asiago cheese
Portobello mushroom, sun-dried tomatoes and shaved Parmigiano
Genoa salami, capicollo, provolone and pesto
Tuna salad and Havarti
Seafood with lobster and crab
Roast turkey breast and mozzarella
Four cheeses and garden salad
California club

... 7.50 per wrap



Fajitas

A combination of flour or whole wheat tortillas, fresh guacamole, pico de gallo, and shredded Monterey Jack cheese, served with Mexican rice, sour cream and salsa ranchero (hot or medium). Chicken and beef selections sautéed with bell peppers and onions in habanero butter.

Vegetarian fajitas are also available.

... 13.95 per person

The Soup Kettle (shown)



Our chefs composition utilizing the freshest market ingredients. Classics such as chicken noodle, cream of asparagus, mulligatawny, carrot and ginger, purée of tomato and fennel, seafood chowder, cream of wild mushroom, beef barley as well as other inspired creations are available to complement your food selection. Please ask for your favourite.

... 4.50 per person

Stone Baked Pizzas with Personality

Bruschetta

Diced tomatoes, mozzarella cheese, julienne onions, fresh parsley and basil, garlic and olive oil.

... 11.95 each

Cajun Chicken

Tomato sauce, mozzarella and cheddar cheese, pesto sauce, grilled Cajun spiced chicken and red onion.

... 13.50 each

True North

Tomato sauce, mild and aged cheddar cheese, crispy bacon, smoked ham, green peppers, red onion and button mushrooms.

... 13.50 each

Greek

Tomato sauce, mozzarella cheese, feta cheese, grilled red onion, kalamata olives and fresh oregano.

... 12.95 each





Torontonian

Tomato sauce, mozzarella and parmesan cheese, pepperoni, Italian sweet sausage, julienne of vegetables sautéed in olive oil with fresh basil, garlic and oregano.

... 12.95 each

Calabrese

Tomato sauce, mozzarella cheese, Italian salami, roasted peppers, capicollo, black olives and oregano.

... 12.95 each

California Dreamin'

Tomato sauce, mozzarella cheese, goat cheese, mushrooms, sun-dried tomatoes and grilled eggplant.

... 12.95 each

With grilled chicken.

... 13.50 each

American

Tomato sauce, mozzarella cheese, mushrooms, green peppers, pepperoni and fresh basil.

... 11.95 each

The Works

Tomato sauce, mozzarella and cheddar cheese, mushrooms, green peppers, red onion, black and green olives, pepperoni, smoked ham and baby shrimp.

... 13.50 each

Mediterranean Veggie

Tomato sauce, mozzarella cheese, roasted red peppers, kalamata olives, niçoise olives, grilled eggplant and zucchini with red onion, mushrooms, fresh herbs and spices.

... 12.95 each

Tuscany

Tomato sauce and sliced Roma tomatoes, mozzarella cheese, mushrooms, black olives, eggplant, sweet peppers and prosciutto, with rosemary, basilico and extra virgin olive oil.

... 12.95 each

Parma

Tomato sauce topped with our four cheeses: mozzarella, cheddar, goat cheese and parmesan.

... 11.50 each

All of our stone baked pizzas are made with Franco Freshy's homemade tomato sauce and the freshest, finest, select ingredients.

Hot Toasted Sandwiches

Roasted Sirloin of Beef

Thin-sliced with melted Swiss cheese, crispy bacon, red onion, diced peppers, horseradish, Franco's Italian dressing and our secret sauce.

Grilled Breast of Chicken (shown)

Slow marinated chicken, cheddar cheese, grilled zucchini and sweet peppers, arugula, honey mustard and our secret sauce.

Franco's Clubhouse

Roast Ontario turkey, crispy bacon, Black Forest ham, cheddar cheese, red onion, grilled tomato, Franco's Italian dressing and our secret sauce.



Chicken Alla Parmigiana

Lightly breaded chicken cutlet with mozzarella cheese, roasted



peppers, sautéed onions, Portobello mushroom, Franco's homemade tomato sauce and Italian herbs.

Roast Ontario Turkey and Cheddar

Thin-sliced turkey breast piled high with double cheddar cheese melt, grilled radicchio, cranberry spread, Dijon mustard and our secret sauce.

Genoa Salami, Capicollo and Prosciutto

Our Italian panino with provolone cheese, grilled red onion and arugula, blast of red hot sauce and our secret sauce.

Roasted Mixed Peppers, Eggplant and Mozzarella

Sweet pepper medley and eggplant sautéed in extra virgin olive oil, basil pesto spread, chevre, mozzarella cheese, Franco's Italian dressing and our secret sauce.

Steak on a Baguette

Marinated tender strip steak with sautéed mushroom, green peppers, red onion, cream cheese, blast of red hot sauce and our secret sauce.

HOT OVEN TOASTED and DELIVERED READY TO SERVE!

Served on bakery fresh baguette. Any of the above...8.95 per sandwich.

